



THE QUEENS HEAD

cantonese restaurant & public house

Allergen Information

Our chefs and kitchen staff appreciate some customers may have allergies to certain foods and ingredients. So we have compiled a table below of allergen information to help avoid any reactions.

Of course, we want you to enjoy every mouthful of your meal and leave us happy and satisfied, so a certain level of common sense should also be used when choosing your dishes. For example, when a dish has 'Prawns' or 'Scallops' in the heading, they will be unsuitable for people with an allergy to fish and/or mollusc.

If you do suffer from any food allergies, please inform our staff as they can help advise which dishes will be suitable for you - please don't be too shy to ask.

It will also be advisable if you inform your waiter/waitress of any your food allergy you may have every time you dine with us. Even if you have eaten the dish previously, we will know to take extra care in the kitchen when preparing your meal to help prevent cross contamination.

Please choose your dishes carefully if you have an intolerance to any of the ingredients below.

DISHES	Egg	Gluten	Soya	Sesame Oil	Celery	molluscs	Peanuts	Cashew Nuts	Crust-acean	Fish
Sweet & Sour and BBQ Dishes	•	•	•	•						
Cantonese Dishes				•						
Black Bean Dishes			•	•		•				
Satay Dishes	•	•	•	•	•		•			
Curry Dishes		•	•	•						
Kung Po Dishes			•	•				•		
Szechwan Dishes			•	•						
Piquant Dishes	•	•	•	•						
Numtung Dishes		•	•	•	•				•	•

GLUTEN INTOLERANT?



We have lots of choices for you. However we cannot guarantee that our dishes are 100% free of gluten due to the risk of cross contamination.

FOOD ALLERGIES AND INTOLERANCES

Please Note: Because of the nature of Cantonese cooking, it is impossible to guarantee 100% separation of the listed items, whether in storage, preparation or cooking, but every effort is made to minimise the risk.